

# SHANTAKARAM

II CHANTS AND MANTRAS II



## An Introduction to Indian music and mantras

PRESENTED BY  
NADAKA & GOPIKA

“Bringing to life the mantras as they have been passed down for centuries with an emphasis on accurate Sanskrit pronunciation and intonation, these two unique artists offer us the genuine Indian experience”

This workshop introduces the student to the beautiful musical language of India with an approach that seeks to simplify and make comprehensible this spellbinding art. Combined with the chanting of Vedic mantras the participants explore through collective singing the power of sound and its purifying influence on our being and environment.

Summary:

- The sacred sound of OM
- The structure of Indian modes, What is a Raga?
- An introduction to Indian chanting
- Demonstration of the Gayatri Mantra sung in the vedic style
- Recitation of the Peace mantra
- Meditation with music

**NADAKA** was born in Quebec and has been living in India since 1974. In Sanskrit, Nada is the origin of sound and Ka is the one who carries it within. Dedicated to the ideals of India's great revolutionary yogi, Sri Aurobindo, he lives in the international settlement of Auroville, in South India. His love and passion for Indian culture led him to study its music, learn different Indian instruments and vocal styles. He conceived and crafted a unique instrument of his own; a guitar specially designed to play the subtle tones of Indian music. With a number of successful albums to his credit, Nadaka has been touring with many acclaimed Indian musicians. Inspired by Indian rhythms and Ragas, he carries us through his unique musical world that is both modern and rich in tradition.

**GOPIKA** was born in Bombay, and grew up in an environment of music and art listening to many of India's great musicians performing at her own family residence. She began singing lessons at the age of seven. Graduating in Applied Arts, she is also a painter and photographer. Progressively discovering a new spiritual dimension within, she turned to the study of Sanskrit mantras and studied this ancient knowledge at the Krishnamacharya Yoga Mandiram in Chennai. She teaches chanting in the international township of Auroville near Pondicherry and conducts regular workshops on Mantras and well-being in many countries.

## In Concert

Together in concert, Nadaka and Gopika sing traditional ragas, sacred chants and mantras with Indian guitar passages that blend seamlessly in a performance that seeks to open a window on the musical traditions of India with a contemporary approach, that connects our deeper self to a sense of the infinite...

**Workshops: 5:30 Hours intensive - Cost Per participant: 90 €**  
**3 Hours Class - Cost Per participant: 50 €**

**We also offer : Introduction Concerts, one or two days prior to our workshops - Entry: 20 €**

*\*Participants who have attended one of our concerts will benefit from a 10 € rebate on our workshops.*

For workshops and concert bookings contact: [mantra@shantakaram.net](mailto:mantra@shantakaram.net)

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